

2 Needle Socks

Sizes: Childs: 5-7, **7-9**, 10-13, **1-3** Adults: 4-6, **7-9**,
(Instructions are given for the first size, with any variations indicated within brackets, where only one instruction is written this applies to all sizes.)

Materials:

100g variegated dk yarn
1 pair 3mm needles
Wool needle for sewing seams

Tension/ gauge: 26 sts and 34 rows to 10cm/4in on 3mm needles over stocking stitch

Special abbreviations: sl1k = slip 1 stitch knit wise; sl1p = slip one stitch purl wise; wyb = with yarn held at back of work; skpo = slip one st, knit 1 st, pass slipped stitch over; ndl = needle; ss = stocking stitch; dec = decrease; cm = centimetres; RS = right side; WS = wrong side; k = knit; p = purl; st/s = stitch/es; p2tog = purl next 2 stitches together; k2tog = knit next 2 stitches together.

Sock pattern:

Cast on loosely 34 (**38**, 42, **46**, 50, **54**)sts and work 11 rows in k1, p1 rib.
Beginning with a k row continue even in ss until piece measures 10 (**11**, 12, **13**, 14, 15)cm from cast on edge, ending with a WS (p) row.

Heel:

This works a reinforced heel:

K9 (**10**, 11, **12**, 13, **14**) sts place on a loop of yarn, k16 (**18**, 20, **22**, 24, **26**), slip these 16 (**18**, 20, **22**, 24, **26**)sts on to a loop of yarn or stitch holder, k to end; place 1st 9 (**10**, 11, **12**, 13, **14**)sts back on a ndl with centre seam at front of ndl, k across these 1st 9 (**10**, 11, **12**, 13, **14**)sts at beginning of row. (This brings the back seam to centre). P one row.

Turn and work on these 18 (**20**, 22, **24**, 26, **28**) sts for heel:

1st row: sl1k, k1, *sl1p wyb, k1 repeat from* to end of row.

2nd row: sl1p, purl across remaining sts.

Repeat last 2 rows 9 (**11**, 13, **15**, 17, **19**) times ending with a WS row (ie. p row)

Shape Heel:

1st row: k 10 (**12**, 14, **16**, 18, **20**), skpo, turn.

2nd row: sl1p, p2 (**4**, 6, **8**, 10, **12**), p2tog, p1, turn.

3rd row: sl1k, k3 (**5**, 7, **9**, 11, **13**), skpo, k1, turn.

4th row: sl1p, p4 (**6**, 8, **10**, 12, **14**), p2tog, p1, turn.

5th row: sl1k, k5 (**7**, 9, **11**, 13, **15**), skpo, k1, turn.

Continue working in this manner, working 1 st more before dec in each row until 10 (**12**, 14, **16**, 18, **20**)sts remain).

End on a P row, and break yarn.

Pick up for instep:

Pick up and knit 7 (8,9, **10**, 11, **12**)sts along side edge of heel, 10 (**12**, 14, **16**, 18, **20**) from needle, pick up and knit 7 (8,9, **10**, 11, **12**)sts along other side of heel. 24 (**28**, 32, **36**, 40, **44**)sts remain.

Next row: Purl.

Shape Instep (sole):

1st row: K1, skpo, knit to last 3sts, k2tog, k1.

2nd row: Purl.

Repeat the last 2 rows until 16 (**18**, 20, **22**, 24, **26**)sts remain. Continue in ss until piece measures 13 (**15**, 17, **19**, 21, **23**)cms from heel or 2cms less than required length, ending with a WS (p) row.

Shape Toe:

1st row: K1, skpo, *k1, sl1p wyb; rep from * to last 3 sts, k2tog, k1.

2nd row: Purl 1 row.

Repeat last 2 rows until 8 (**10**, 12, **14**, 16, **18**)sts remain. Leave remaining sts on a piece of yarn or safety pin.

Make instep (top):

With WS facing, p across 16 (**18**, 20, **22**, 24, **26**) sts left on holder. Work in ss until piece measures same as sole, measured from where stitches were knitted up for heel to start of toe shaping, ending with a WS (p) row. Break off yarn.

Shape toe:

Work as for sole toe-shaping.

Finishing:

With right sides together graft toes sts together (or cast off 2 sets of sts together - 3 needle bind-off). With RS facing stitch side seams and centre back seam making the seams as flat as possible. If you wish to have a turn back cuff, remember to reverse seam at cuff. Weave in tail ends.